



www.ridestrideherefordshire.uk

HEREFORDSHIRE HISTORIC CHURCHES TRUST

to raise money for building repairs

**Cycle or walk to the churches of Herefordshire
and raise money for:**

**the Church or Chapel of your choice &
the Herefordshire Historic Churches Trust
(non-denominational)**

Choose your own route

Go at your own pace

**Saturday 09 September 2017
10 am to 6 pm**

How "RIDE AND STRIDE" WORKS

The event is open to all. Using this form, you are asked to find Sponsors who agree to pay a sum of money for each church or chapel that you visit on 09 September between 10 am and 6 pm, by bicycle or on foot. Each visit will be initiated by an official at the church and the time of the visit noted on the back of this leaflet. If by any chance there is no-one there, you should enter the time on the form provided at the church, as well as on this leaflet. You can take part for as long or as short a time, within the day, as you wish.

Churches and chapels throughout Herefordshire and neighbouring counties will be open to welcome you. "Ride and Stride" is organised for each Church by a 'Local Co-ordinator' who has kindly undertaken local publicity and arrangements at the church or chapel, which often include an offer of refreshment.

SPONSORSHIP

You and your sponsors are the key people in this event. The money given will be divided equally between the church or chapel of your choice and the Trust. The Herefordshire Historic Churches Trust, which is

non-denominational, provides grants, loans and helpful advice for PCCs in their grant applications. In the last five years it has provided more than £350,000 to help to preserve, repair and maintain the County's churches and chapels. "Ride & Stride" has produced a significant proportion of this and is the Trust's main fund-raising event each year. In 2016 the total raised exceeded £10,000.

A '**yellow jersey**' emblazoned with the Bike Ride logo will be awarded to the young cyclist or walker (aged 16 or under) who raises the most sponsorship in each deanery area. The person who raises the largest sum from sponsorship will also receive a yellow jersey. All young cyclists and walkers will receive certificates.

Gift Aid: Each Sponsorship form requires a Gift Aid declaration. This will usually be by the Participant – if a tax payer – otherwise a taxpaying sponsor could sign. The scheme covers sponsorship up to £500. If the total collected exceeds £500, then additional declarations will be required – usually from the key sponsors. Just make sure that each form submitted has a completed Gift Aid declaration.

CYCLISTS

Make sure your bicycle is roadworthy and tyres pumped up hard - helps to ward off punctures! If you ride as part of a group, ensure warning ahead and behind. Ride in single file and observe the Highway Code. If possible wear bright coloured clothing

Additional safety information may be found at: <https://www.gov.uk/rules-for-cyclists-59-to-82>

PLANNING YOUR ROUTE

A list of the churches and chapels taking part in Herefordshire can be obtained from the website, your local co-ordinator or from the County Organiser (details below). **An updated version can be found on the web-site.**

You devise your own route and time and pace, so everyone is well spread out - for maximum safety and enjoyment. Herefordshire has a great variety of interesting churches, and many participants look forward to seeing these lovely buildings and talking to those who are there to welcome them. We wish you a very enjoyable day.

RETURN OF SPONSORSHIP MONEY

Your local co-ordinator would like to receive the money you have collected, together with your form, before 31 October, so that he or she can send it with others from your Church, Parish or Group, to **HHCT Treasurer, 4 The Fold, Luston, Leominster, HR6 0EA.**

If for any reason you cannot give your money to the Local Co-ordinator please send it direct, with the form, to the address above. Cheques should be payable to "HHCT Ride & Stride". A cheque for half the amount received will be returned to the Church or Chapel you nominate. Please make sure your form is handed in with your money, so that we can acknowledge your contribution.

DISCLAIMER

Save to the extent required by law, the Trust accepts no responsibility in respect of death or injury sustained, or damage to property caused, by any participant. Participation on any day other than 09 September 2017, or outside the hours of 10.00am and 6pm will not be part of the official event promoted by the Trust and so is undertaken at the participant's own risk. If he/she wishes to have insurance, he/she must make separate arrangements.

For further information or queries contact the County Organiser, Richard Henderson (01432 850757) [email: richard@rhystone.co.uk](mailto:richard@rhystone.co.uk)